

## CLCC Certificate In Counselling Course 2021-22

Outline programme of the Standard Entry Level Programme

Module	Day & Date	Room & Time	Content
Module 1	Tuesday Sept 28th 2021	Conference Room 1 19.00-21.30 hours	<b>Introductions.</b> Group norms. Counselling boundaries. Key skills review. Confidentiality. Contracting & Skills Practice. Reflective Learning Journal
Module 2	Tuesday October 5 <sup>th</sup> , 2021	Conference Room 1 19.00-21.30 hours	<b>First contact.</b> Risk assessment. Pre-therapy process. Client assessment. Skills practice on Pre-therapy paperwork.
Module 3	Tuesday October 12 <sup>th</sup> , 2021	Conference Room 1 19.00-21.30 hours	<b>Supervision</b> Purpose of supervision and assessment of clients for supervision. Skills practice - client presentation. Allocation of supervision teams
Module 4	Tuesday October 19th, 2021	Conference Room 1 19.00-21.30 hours	<b>Ethics</b> in counselling. Counselling dilemmas. Self-care. Skills practice. Developing ethical awareness. Assignment briefing.
	October 25 <sup>th</sup> -29 <sup>th</sup> Half Term Break		<b>Assignment:</b> Written analysis of case study to be completed during this interval
Module 5	Tuesday November 9 <sup>th</sup> , 2021	Conference Room 1 19.00-21.30 hours	<b>Working at Relational Depth.</b> Developing empathy. Use of silence and immediacy. Use of challenge, focussing and self disclosure. Skills practice.
Module 6	Tuesday November 16th, 2021	Conference Room 1 19.00-21.30 hours	<b>Attachment &amp; loss</b> Introduction to attachment styles. Attachment and its' implications for dealing with loss. Skills practice working with loss.
Module 7	Tuesday November 23rd 2021	Conference Room 1 19.00-21.30 hours	<b>Mental health:</b> Anxiety & depression. Assessing Risk. Working with suicidal ideation. Skills Practice.
Module 8(A)*	Saturday November 20th, 2021	Conference Room 1 09.00-16.00 hours	<b>Skills Assessment:</b> Video recording of counselling skills using role play exercise. Includes supervisor & group critique.
Module 9	Tuesday November 30th, 2021	Conference Room 1 19.00-21.30 hours	<b>Difference &amp; Diversity.</b> Skills practice, working with difference.
Module 8(B)*	Saturday November 27th, 2021	Conference Room 1 09.00-16.00 hours	<b>Skills Assessment:</b> Video recording of counselling skills using role play exercise. Includes supervisor & group critique.
Module 10	Tuesday December 7th, 2021	Conference Room 1 19.00-21.30 hours	<b>Sex:</b> Sexuality. Gender and sexuality. Abuse Issues. Breaking confidentiality, Skills Practice.
Module 11	Tuesday December 14 <sup>th</sup> 2021	Conference Room 1 19.00-21.30 hours	Reviewing and ending the counselling process. Evaluation and feedback. <b>End</b>

\*Attendance at only one Module 8 is required.

## CLCC Probationary Training Programme

A continuation of the Standard Entry Level Programme for those who have successfully completed the CLCC Certificate In Counselling Skills Modules 1-10 and are contracted as Probationary Volunteer Counsellors working with clients at the Centre.

Module 11	Saturday January 29 <sup>th</sup> 2022	Conference Room 1  09.00-16.30 hours	Introduction.  Revisiting skills. (This may include any skills which were highlighted as requiring further exploration during the assessment process).  Working with metaphor. Working with transference and countertransference.
Module 12	Saturday February 26 <sup>th</sup> 2022	Conference Room 1 09.00-16.30 hours	Student identified topics.
Module 13	Saturday March 26 <sup>th</sup> 2022	Conference Room 1 09.00-16.30 hours	Assessment and referral. Identifying appropriate referral pathways and options. Agency procedures and boundaries that may need revisiting.  Ending.

### Note:

[1] In the event that a student fails to attend a module, they will be required to complete a written exercise to demonstrate their proficiency in the area(s) addressed in that module, including citation of references for any theoretical rationale used in their answers.

[2] CLCC Ltd provides Group Clinical Supervision lasting two hours each month (meeting the requirements of the British Association For Counselling and Psychotherapy) and all participants on this training programme are required to attend, even if they are not currently working with clients of the Centre. Day and time of attendance at supervision will be dependent upon which group is allocated.

[3] Programme and prices may be subject to alteration, and in event of building closure, some sessions may be held via an online platform such as Zoom.